

*City of Coral Gables*

# Guide to Leisure Services

Parks & Recreation - February - April 2014

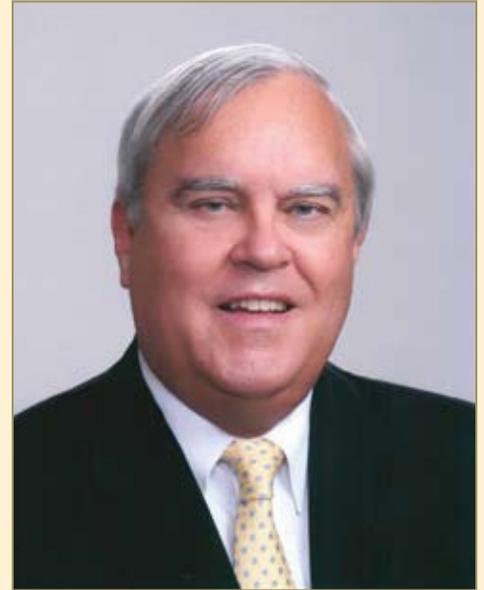
## New Green Space: Tiziano Park



CORAL  
GABLES  
THE CITY BEAUTIFUL

# A message from the *Mayor*

I want to start by wishing everyone a happy new year. Great things are in store for our parks system in 2014. We started the year with the second annual Big Toy Extravaganza where children got up close and personal with some of their favorite vehicles. It was a big hit with kids.



*Jim Cosm*



Coral Gables is proud of its more than 42 parks and green spaces providing perfect places to stroll, picnic, play or relax. This year, not only are we bringing more green spaces online, we are also making existing parks more user friendly. This year, two green spaces are being developed into passive parks at 4650 Alhambra Circle and 5028 Maggiore Street. Both projects are currently in the design phase. And you can't miss the work taking place toward the south end of the city at Ingraham Park, on the corner of LeJeune Road and West Ingraham Terrace. Although the construction fence surrounding the property hides most of the progress, you can't help but notice the beautiful coral pillars jutting up into the sky, a sign of what's to come. All trellises, exercise stations and lighting elements, along with the park's signature element, a beautiful fountain replicating one from the Alhambra in Granada, Spain, are all in place. The remaining landscaping and irrigation will soon wrap up as well. We expect this unique Mediterranean green space to be completed shortly.

If you drive farther south from Ingraham Park, you'll come across the tropical pocket garden that is featured on the cover. Beautification improvements were recently completed at Tiziano Park, on the corner of Old Cutler Road and Tiziano Avenue, which now enhances the community's natural beauty.



Parks are an important component to a successful and livable city. Studies show your health is enhanced by the environment itself. The City's goal is to have a park within a 10-minute walk of every home. Working toward that goal, we hope to acquire more land to develop as green spaces.

Coral Gables will continue working on making your experience at City parks even better. Make this year a happy, healthy and active one.

**-Mayor Jim Cason**

C O R A L G A B L E S



F L O R I D A

**On the corner of Miracle Mile & LeJeune Road**

**Saturdays, Through March 29**

**8:00 a.m. - 2:00 p.m.**

**Fresh Florida Produce**

**Prepared Foods**

**Baked Goods**

**Flowers & Plants**

**Free Tai Chi Classes**

**Gardening Workshops**

**Cooking Demos**

**Children's Activities**

**Sponsored by the City of Coral Gables.**

**Disabled accessible.**

**For event schedule, log on to [coralgables.com/farmersmarket](http://coralgables.com/farmersmarket)**



# City of Coral Gables

## PARKS & RECREATION A DIVISION OF THE COMMUNITY SERVICES DEPARTMENT



### City Officials & Facilities

#### City Commission

**Jim Cason**  
Mayor

**William H. Kerdyk Jr.**  
Vice-Mayor

**Patricia Keon**  
Commissioner

**Vince Lago**  
Commissioner

**Frank C. Quesada**  
Commissioner

**Patrick G. Salerno**  
City Manager

**Craig E. Leen**  
City Attorney

**Walter J. Foeman**  
City Clerk

#### Advisory Board

Robin Burr  
Valerie Gelnovatch  
Marty Steinberger  
Robert Ruano  
Martha Serola

**Fred Couceyro, CPRP**  
Parks & Recreation  
Division Director

**City of Coral Gables  
War Memorial Youth Center**  
405 University Drive  
Coral Gables, FL 33134  
305-460-5600

**Christine Matteucci**  
Acting Youth Center  
Supervisor

**Senior Services**  
405 University Drive  
Coral Gables, FL 33134  
305-460-5622

**Letty Ellis**  
Adult Activities Coordinator

**William H. Kerdyk**  
**Biltmore Tennis Center**  
1150 Anastasia Avenue  
Coral Gables, FL 33134  
305-460-5360

**Salvadore Tennis Center**  
1120 Andalusia Avenue  
Coral Gables FL, 33134  
305-460-5333

**Robert Gomez**  
Professional Tennis  
Operations Supervisor

**Venetian Pool**  
2701 De Soto Blvd.  
Coral Gables, FL 33134  
305-460-5306

**Carolina Vester**  
Aquatics Supervisor

**Biltmore Golf Course**  
1210 Anastasia Avenue  
Coral Gables, FL 33134  
305-460-5364

**Granada Golf Course**  
2001 Granada Blvd.  
Coral Gables, FL 33134  
305-460-5367

**John Hamilton**  
Golf Course & Parks  
Superintendent

**City of Coral Gables  
Community Services Department**  
405 University Drive, Coral Gables, FL 3134  
305-460-5620

**Jessica Keller**  
Community Services Department Director

**City of Coral Gables  
Parks and Recreation  
Division of Community Services Dept.**  
405 University Drive, Coral Gables, FL 3134  
305-460-5620  
Business Hours  
Monday through Friday  
8:00 a.m. to 4:30 p.m.

GET CONNECTED TO  
CORAL GABLES!

Subscribe to the

### City Beautiful e-NEWS



The best way to stay informed about Coral Gables issues and events is to subscribe to our free email newsletter. Every two weeks, you will be among the first to know what's happening in the City of Coral Gables and how your government is working for you.

To subscribe, simply send an e-mail to [e-news@coralgables.com](mailto:e-news@coralgables.com), or visit the City's website at [www.coralgables.com](http://www.coralgables.com).

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## PARKS AND RECREATION MISSION STATEMENT

To enhance the quality of life for residents and guests of all ages through recreational opportunities and facilities that create memorable life experiences.

## PARKS AND RECREATION VISION STATEMENT

Creating an Optimal Experience by Maximizing Our Resources.

### ON THE COVER

The newly-completed Tiziano Park is an example of the City's efforts to enhance the community's natural beauty. Beautification improvements on the triangular property involved adding ferns, flowering ground cover, new grass, a rock border, and an irrigation system to ensure the park's sustainability. Once a blank canvas, Tiziano Park is now an inviting neighborhood green space for passersby to enjoy.

Design by Fabio Rodriguez, Marketing Specialist.  
You can view, download, and print this publication online at [gablesrecreation.com](http://gablesrecreation.com).

### CODE OF CONDUCT

All guests in Coral Gables' community centers and / or parks are expected to behave in such a manner as not to disturb others using the facility.

#### The following are NOT permitted:

- **Alcoholic beverages**
- **Street shoes on gym floors**
- **Bouncing basketballs outside the court**
- **Food or drinks inside the gym**
- **Glass containers**
- **Fighting or rough play**
- **Foul or abusive language**
- **Tobacco products**
- **With the exception of designated facilities, no pets on fields, in parks, or facilities\***
- **Disruptive behavior**
- **Riding bicycles on field**

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility.

\*Visit our Parks & Open Spaces web page online for pet-friendly parks.

### YOU SNOOZE... AND WE ALL LOSE!

While many participants are inclined to wait until the last minute to register for the activity of their choice, nothing stops a program in its tracks faster than a lack of enrollment. To ensure the classes and events you enjoy continue, please remember to register as early as possible.

### AMERICANS WITH DISABILITIES ACT

The City of Coral Gables gladly complies with the provisions of the Americans with Disabilities Act. Persons requiring special accommodations or assistance to Parks and Recreation functions, facilities, or programs may notify the Parks and Recreation office at 305-460-5620 of such need at least 72 hours (3 days) in advance and staff will happily accommodate the request. Call the office to request printed materials in accessible format, sign language interpreter (5 days advance notice required), or information on access available to individuals with disabilities. This document is available in accessible format, large print, and tape upon request.

### VIDEO & PHOTO POLICY

Occasionally, videos and photos may be taken of participants in programs, classes, and activities, or of people in City parks and facilities. Please be aware that these videos and photos may be used to promote the services and facilities that our City Beautiful offers. These videos and photos may be used by the City in printed publications, cable TV, and online in the City's website and YouTube.com.

### FACILITY CLOSURES

Periodically schedules may change to accommodate special events throughout the facilities. Please check the website at [www.gablesrecreation.com](http://www.gablesrecreation.com) for more up to date information.

### OOPS...!

Occasionally there may be an error in days, times or fees in the brochure. When such errors occur, the staff will make every effort to correct the situation promptly. Thank you for your patience and understanding when these situations arise.

## HOW TO REGISTER

**On-Line** registration is available at any time at [playgables.com](http://playgables.com) and you can also download registration forms from [gablesrecreation.com](http://gablesrecreation.com) Visa, MasterCard, or American Express only.

**In person** registration is available  
Monday - Friday: 8:00 a.m. - 8:00 p.m.  
Saturday: 8:00 a.m. - 12 Noon.  
Visa, MasterCard, American Express, cash and checks only.

#### Registration Requirements for minors:

- Parent or legal guardian must be present to sign waiver form at the time of registration.
- Changes to the waiver/registration form may only be made by the parent or legal guardian signing the form.
- A copy of the most recent report card must be presented at the time of registration for all Club P.L.A.Y. activities including aftercare and Club P.L.A.Y. All Day.
- Birth certificate or passport required for age verification for all other programs.

### \*REFUND POLICY

#### Program/Camp/Activity Registrations:

Refund requests must be made, in writing, 7 days prior to the start of the registered program date. There will be no refunds issued when a request is submitted with less than a 7 day notice.

Requests for emergency medical reasons (i.e. broken bone, hospitalization etc.) will only be accepted with proper documentation.

Approved refunds will be assessed a \$15 processing fee and any applicable program/camp/activity costs (i.e. uniforms, trip fees, materials, etc.)

No refunds allowed once the registered program concludes.

#### Memberships:

No refunds for any membership purchased and used in conjunction with a program/camp or activity registration.

All memberships may be eligible for a refund, less a \$15 processing fee, if the request is received in writing within 3 days of the purchase of the membership.

No refunds for memberships will be issued after the third day from purchase.

#### Transfers:

Requests for transfers will only be permitted at the approval of the facility Supervisor or Assistant Supervisor. No transfers allowed after start of the program/activity/camp.

### SCHEDULING

All program days and times are subject to change.

## HOURS OF OPERATION

Monday - Friday: 6:00 a.m. - 10:00 p.m.  
 Saturday: 7:00 a.m. - 4:00 p.m.

### Business Hours

Monday - Friday: 8:00 a.m. - 8:00 p.m.  
 Saturday: 8:00 a.m. - 12 Noon.

### February - April 2014 Holiday Hours

### Presidents Day

February 17, 2014: 7:00 a.m. - 7:00 p.m.



## WAR MEMORIAL ASSOCIATION

The Coral Gables War Memorial Youth Center Association, along with the Parks and Recreation Division, would like to encourage your donation of \$25 to provide scholarships for Summer Camps. If interested in participating, please call Kirk Menendez at 305-510-3353.

## YOUTH CENTER CONCESSION

Enjoy "Ballpark food at little league prices"  
 Open Mondays through Saturdays.  
 Hours may vary due to program activities.

## GUEST PASSES

Guest passes are available at the Youth Center registration office. Limited to 3 visits per year. Must be accompanied by a member. All guests must show proper picture ID.

### Guest Fee:

- General Access (Under 18)..... \$3.50
- General Access (over 18) ..... \$6.50
- Fitness Center Access..... \$12  
 (Must be 15 years of age or above to access the Fitness Center).
- Friendship Club..... \$6.50

# SAVE MORE WITH A MEMBERSHIP!

**A MEMBERSHIP IS NOT REQUIRED TO PARTICIPATE IN OUR PROGRAMS BUT IT WILL SAVE YOU 25% OFF PROGRAMS COST!**

## YOU CAN CHOOSE ONE OF THESE MEMBERSHIP OPTIONS

### PACKAGE #1 FITNESS MEMBERSHIP

#### Fitness Members enjoy these benefits:

- ▶ One year annual membership to the Fitness Center.
- ▶ Priority registration and a 25% discount on Fitness Center programs.
- ▶ Complimentary toddler-sitting service while using the facility during designated hours.
- ▶ Use of gymnasium when not in use by the Coral Gables Parks and Recreation Division.

Fitness Membership Annual Rates	Resident	Non-Resident
INDIVIDUAL (Full-time college student) †	\$ 145	\$216
INDIVIDUAL (Senior ages 55+)	\$ 145	\$216
INDIVIDUAL (15 and older) †	\$ 216	\$323
TWO (2) person household (Senior ages 55+)	\$ 173	\$288
TWO (2) person household	\$ 288	\$466
THREE (3) OR MORE person household	\$ 360	\$610

7% Sales tax is included in rates.

### PACKAGE #2 YOUTH CENTER FULL MEMBERSHIP

#### Full Members enjoy all benefits of Fitness Members plus:

- ▶ One year annual membership to the Youth Center.
- ▶ Priority registration and a 25% discount on all programs, athletic leagues, camps, and lessons held at the War Memorial Youth Center.
- ▶ Special invitation to "Members Only" events and activities.

Full Membership Annual Rates	Resident	Non-Resident
INDIVIDUAL (Child)	\$216	\$323
INDIVIDUAL (Senior ages 55+)	\$216	\$323
INDIVIDUAL (15 and older) †	\$288	\$466
TWO (2) person household (Senior)	\$260	\$366
TWO (2) person household	\$360	\$610
THREE (3) OR MORE person household	\$538	\$897

7% Sales tax is included in rates.

More memberships information on next page ▶

## YOUTH CENTER GENERAL MEMBERSHIP INFORMATION

### TO QUALIFY FOR RESIDENT RATES PROOF OF RESIDENCY IS REQUIRED AT TIME OF REGISTRATION

- All adults 18 years of age or older will be required to show proof of residency.
- Children under the age of 17 must have the same residency of the parent or legal guardian.
- A photo ID must be presented for identification purposes in addition to **TWO** of the following Florida State-issued documents.
  - Current vehicle registration
  - Current utility bill displaying both name and address of Coral Gables property (FPL, waste, water) (no cable, satellite, or phone bills please).
  - Certificate or letter from Internal Revenue Service
  - Current lease agreement identifying tenants residing in a Coral Gables residence (notarized)

### TODDLER-SITTING ROOM (FOR MEMBERS ONLY)

Toddler-sitting service is available to members while participating in activities at the Youth Center. NOT available during the summer season from June - August.

### TODDLER-SITTING HOURS:

Ages: 12 months to 6 years old  
Monday - Friday: 8:00 - 10:00 a.m. and 3:00 - 8:00 p.m.  
Saturday: 8:00 a.m. - 12:00 Noon

### Notes:

- Children ages 9 and under must be enrolled in a supervised program unless under the supervision of a responsible individual 14 years of age or older.
- Teens, age 15 through 17, must have parental consent and complete an "Introduction to Fitness" class before using the fitness center.
- Full-time college student: Undergraduate student taking at least 12 credit hours per semester or graduate student taking at least 9 credit hours per semester. Must show proof of enrollment (school ID & class schedule).

# PARTY!

## AT THE YOUTH CENTER

Hosting birthday parties at the Coral Gables Youth Center is a great way to create lasting memories with family and friends. Come and celebrate your next birthday with one of our party packages!

### 4-HOUR BASIC PARTY PACKAGE

#### Includes:

- 11 a.m. - 3 p.m. time frame
- Picnic tables and seating for up to 50 people
- Access to covered ball-pit play area
- Access to outdoor gated playground
- Sole use of pavilion area
- Shared use of pavilion area
- Shared use of patio area

**Cost:** \$250

#### About the party packages:

- Both party packages require a \$50 refundable deposit.
- If outside vendors, insurance will be required at time of booking.
- Please no piñatas or outside chalk.
- Set up and clean up time is included in the 4-hour time frame.

For more information or to book your next party, please call 305-460-5601.



### 4-HOUR GYMNASTICS PARTY PACKAGE

#### Includes:

- 11 a.m. - 3 p.m. time frame. GymKIDZ time-frames can be 12:45 p.m. - 1:45 p.m. or 1:45 p.m. - 2:45 p.m.
- 1-hour session with GymKIDZ instructors including use of indoor bounce house and slide. This gymnastics session is for 15 children. Additional children is \$10.50 at the door.
- Picnic tables and seating for up to 50 people
- Access to covered ball-pit play area
- Access to outdoor gated playground
- Sole use of pavilion area
- Shared use of patio area

**Cost:** \$420 (\$215 payable to GymKIDZ and \$205 payable to Youth Center)

# GABLES BIKE TOURS



## GABLES BIKE TOURS

These slow-paced and fun tours are led by experienced guides that take riders through exciting stops in the City Beautiful. Tours take place on the third Sunday of every month, change regularly and are fun for the whole family, though recommended for ages 10 and above that can ride freely at a steady pace. Tours are coordinated by Bike Walk Coral Gables in partnership with the Coral Gables Museum. Tours are \$10 for non-members and \$5 for museum members. Helmets are required for ages 16 and younger. Visit [www.bikewalkcoralgables.org](http://www.bikewalkcoralgables.org) for more info.

### February 16 - Literally!

Join Books & Books owner, and Coral Gables legend Mitchell Kaplan on this tour of literature in the Gables. Visit the homes of famous authors, enjoy poems about our city at the site of their inspiration, and hear personal stories from some of Mitch's favorite sites. End at the Cafe at Books and Books.



### March 16 - Bike and BBQ (a Bike305 event).

Work up an appetite on this group ride from the Gables Museum through our lush city streets to Matheson Hammock Park. Enjoy the historic coral rock buildings, nature trails and picnic pavilions where we will reward ourselves with delicious grilled hotdogs and burgers (included with tour price).

### April 27 - Celebrating the Earth

Enjoy the nationally recognized parks of the City Beautiful in a tour of our city's finest green spaces. Learn about our native trees and how they are helping make our community healthier and better to live in. A nature guide will answer all your questions and share details on some of our most spectacular flora. A must join tour for nature lovers.

## ON-YOUR-OWN TRAILS

These trails are best enjoyed sunrise to sunset.

### OLD CUTLER TRAIL

This 11-mile long trail is paved so cyclers, bikers and skaters can enjoy a smooth ride all the way through. The scenic view along on this path includes beautiful sights-seeing locations such as Matheson Hammock and Deering Estate.

### COMMODORE TRAIL

At 5-miles long, this trail is a mix of shared road, sidewalk, and a paved path. Along this metropolitan area you can enjoy prominent sights and locations such as the Viscaya Museum and the Museum of Science Planetarium.

Visit [www.bike305.com](http://www.bike305.com) for more information on trails.

# FREE YOGA

## FREE YOGA

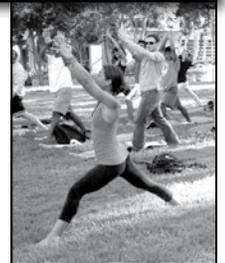
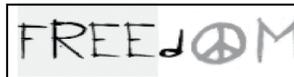


*All ages and yoga levels are welcome.*

The Coral Gables Parks and Recreation Division has added FREEdOM Project as part of its health, wellness and recreation programming! A weekly FREE community outdoor yoga class lead by Cat Haayen founder of FREEdOM Project. Learn more about the ancient tradition of yoga, explore flexibility, balance, and strength, create a practice of inner peace, help craft a happier, healthier, sustainable community and bring the body, mind and soul together for a greater good. No prior yoga experience is needed.

**Ride your bike to yoga! Bring your own mat.**

**Wednesdays at 6 p.m. at Riviera Park on 6611 Yumuri Street.**



Visit us on the web: [www.gablesrecreation.com](http://www.gablesrecreation.com) • E-mail us: [parksandrecreation@coralgables.com](mailto:parksandrecreation@coralgables.com)



## HOURS OF OPERATION

Monday - Friday: 6:00 a.m. - 10:00 p.m. and Saturday: 7:00 a.m. - 4:00 p.m.

PHONE: 305-460-5616

Fitness memberships are available for individuals ages 15 and older.

Guest Fee is \$11.50 per day

For membership options see page 3.

### Reminders for fitness classes:

- Registration required prior to attending class
- Please **BRING A TOWEL** and water
- Wear comfortable stretch clothing
- Allow two hours after eating prior to taking yoga classes
- Some fitness programs are conducted in bare feet
- Limited number of mats provided
- Packages expire two months from date of purchase.



## Get Strong 4:

**SOCCER, FOOTBALL, GYMNASTICS, BASEBALL, TENNIS, GOLF, CROSS COUNTRY, TRACK & FIELD, AND OTHER SPORTS ACTIVITIES!**

Ages 15 years old and above

This strength and conditioning program is part of the series of sports-specific fitness and conditioning developed by The Fitness Center, Inc. The program will guide the participant through the most effective weight training, flexibility, and abdominal exercises used by athletes today.

Days and Times are TBA

Fee:	1 Session	2 Session	3 Session
Member .....	\$12	\$22	\$30
Resident .....	\$15	\$28	\$39
Non-Resident .....	\$18	\$34	\$48

### GRAPPLING / MMA / JUDO

Ages 15 years old and above

This program teaches the fundamentals of grappling, ground fighting, MMA, self-defense and the sport of Judo.

The training involved improves reaction time, builds abdominal strength, and increases flexibility and overall core strength. Students will learn to execute takedowns and to escape being mounted, choked and grabbed from many angles as well as simple self-defense techniques which are specifically catered to reality based attack situations.

These classes all focus on developing better martial arts skills. Their purpose is to offer a fun, dynamic, cross-training format so that students can always be exposed to a balanced fitness program.

**Tuesdays, 7:30 p.m. - 9:00 p.m.**

**Fridays, 12:00 p.m. - 1:30 p.m.**

**Fee:** Member ..... \$27 / Month  
Resident ..... \$36 / Month  
Non-Resident..... \$45 / Month

### FITNESS BOOT CAMP 30 MINUTE CIRCUIT

Ages 16 years old and above

This Boot Camp / 30 Minute Circuit is designed to increase endurance and overall strength for men and women. It is for all fitness levels and participants work at their own pace.

**Mondays, Wednesdays & Fridays**

**6:15 a.m. - 6:45 a.m.**

**Fee:**  
Member..... \$54 /month  
Resident..... \$72 /month  
Non-Resident ..... \$90 /month

### TAI CHI

Ages 18 years old and above

Tai Chi is a low impact form of exercise that helps to strengthen the legs and bring flexibility to the muscles of the body. The combining of physical movements with mental focus creates an intense form of exercise.

**Thursdays, 1:00 p.m. - 2:00 p.m.**

#### Monthly Fee:

Member..... \$30  
Resident..... \$40  
Non-Resident ..... \$50



### BELLYDANCE-FIT

For women of all ages, body types, and lifestyles. All levels welcome!

#### A FUN AND ALTERNATIVE WAY OF STAYING FIT AND ACTIVE!

Bellydance-Fit incorporates sultry movements from belly dancing and effective workout rituals to provide a fun dance workout.

This class is based on low impact exercises that through muscle isolations, combined with natural flowing movements, will greatly improve muscle tone (legs, thighs, calves, gluteus, abdominal, upper arms and back), and increase flexibility, postural alignment, coordination, balance and circulation. The class also provides more vigorous movements that gradually accelerate heart beat rhythm to burn calories, raise metabolism, and improve the resting heart rate.

You will exercise to beautiful feminine dance steps and enjoy exotic and soulful music in every class.

Join this amazing, life-changing experience today!

**Mondays, 7:30 p.m. - 8:30 p.m.**

Fee:	4 Pack	8 Pack
Member .....	\$40	\$ 72
Resident .....	\$50	\$ 95
Non-Resident .....	\$60	\$110

## SPORT SPECIFIC FITNESS AND CONDITIONING

Grades Middle School and above

This program is designed to improve strength, power, speed, agility, quickness and aerobic fitness required for a given sporting activity. It will enhance your performance by making you stronger, faster and with more endurance to excel and compete in your chosen sport.

**Mondays, Tuesdays, Wednesdays, Thursdays & Fridays, Time: TBA**

**Fee:** Member .....\$120 / Week  
Resident .....\$160 / Week  
Non-Resident.....\$200 / Week

## YOGA

Ages 15 years old and above

We will help you relax your body through different "asanas" or postures. Each class offers instruction in alignment, breathing, and meditation to increase physical health, increase flexibility, reduce stress, and energize the body and mind. This class is for everyone from beginning students to advanced ones.

**Thursdays, 6:30 p.m. - 8:00 p.m.**

**Saturdays, 8:30 a.m. - 10:00 a.m.**

Fee:	4 Pack	8 Pack	12 Pack
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Member .....	\$40 .....	\$ 72 .....	\$102
Resident .....	\$56 .....	\$100 .....	\$135
Non-Resident .....	\$68 .....	\$122 .....	\$174

## AGELESS IN MOTION

Ages 55 years old and above

This class is an introduction to a more active lifestyle through no-impact or low-impact aerobics. Participants may use stationary bicycles, treadmills and perform muscle strengthening exercises. Blood pressure and heart rate are monitored.

### One-Hour Class

**Mondays, Wednesdays and Fridays**

**8:30 a.m. - 9:30 a.m.**

**10:00 a.m. - 11:00 a.m.**

### Half-Hour Class

**Tuesdays and Thursdays**

**10:30 a.m. - 11:00 a.m.**

Fee:	1-Hour Class per month	1/2-Hour Class per month
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Member.....	\$35/month .....	\$26/month
Resident.....	\$46/month .....	\$35/month
Non-Resident .....	\$58/month .....	\$44/month

## FITNESS SCULPTING AND DEFINITION

Ages 15 years old and above

This class entails an intense muscle conditioning routine that utilizes a specific combination of flexibility and core training. This combination will be the basis for maintaining and strengthening your body, thus making you leaner and more defined. This program will help you improve those hard to reach areas! You will experience a challenging exercise routine that will help you achieve your fitness goals.

**Tuesdays & Thursdays, 8:00 a.m. - 8:30 a.m.**

**Fee:** Member ..... \$26 / Month  
Resident ..... \$35 / Month  
Non-Resident..... \$44 / Month

## TAEKWONDO

Ages 7 years old and above

This martial art class teaches balance, control of aggression, and reduces insecurities through the diligent practice of physical techniques and the internalization of philosophical principals.

*(Parent/child participation encouraged)*

**Wednesdays, 6:30 p.m. - 8:00 p.m.**

**Fee:** Member ..... \$27/month  
Resident ..... \$36/month  
Non-Resident..... \$45/month

### Program Requirements:

**USTA Membership, WTF Uniform, and School Patch/Emblem.**

## ADVANCED TAEKWONDO

Ages 7 years old and above

This is an advanced class in the practice of Taekwondo. It is for participants achieving a 7th Kup level from our Wednesday Taekwondo class. Participants will have a deeper study and practice of physical techniques and the internalization of philosophical principals.

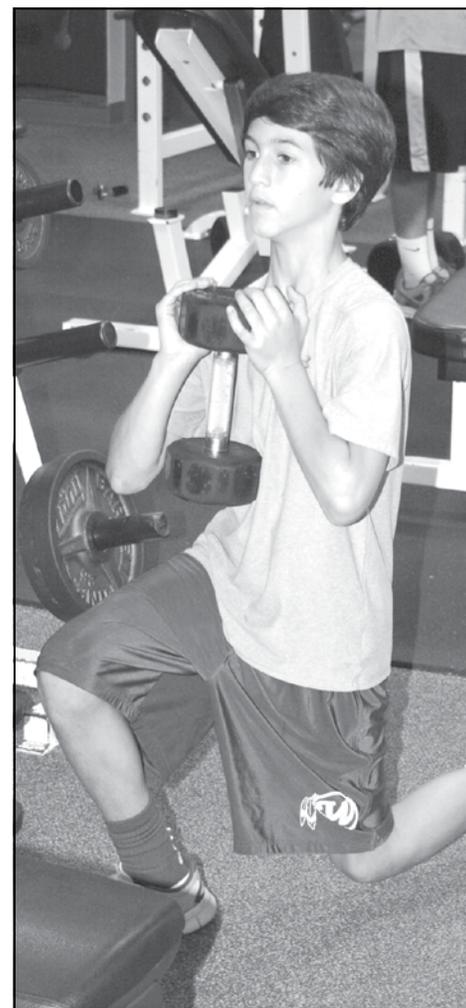
**Tuesdays, 6:00 p.m. - 7:00 p.m.**

**Fee:** Member ..... \$27/month  
Resident ..... \$36/month  
Non-Resident..... \$45/month

Class is on-going year round. Registration is preferred on the 1st of the month, but participants can register at any time.

### Program Requirements:

**WTF Uniform and School Patch/Emblem.**



## PRE-TEEN FITNESS PROGRAM

Ages 8 - 12 years old

This is a supervised fitness conditioning program for boys and girls ages 8 to 12.

**Tuesdays & Thursdays**

**4:30 p.m. - 5:30 p.m.**

**Fee:** Member .....\$35/month  
Resident .....\$46/month  
Non-Resident.....\$58/month

## TEEN FITNESS PROGRAM

Ages 13 - 15 years old

This fitness conditioning program offers supervised strength training and aerobic activity.

**Mondays, Wednesdays & Fridays**

**4:30 p.m. - 5:30 p.m.**

**Fee:** Member .....\$42 / month  
Resident .....\$56 / month  
Non-Resident.....\$70 / month



CLASSES WILL BEGIN WHEN MINIMUM ENROLLMENT REQUIREMENTS ARE MET - CHECK WITH THE FITNESS CENTER

Visit us on the web: [www.gablesrecreation.com](http://www.gablesrecreation.com) • E-mail us: [parksandrecreation@coralgables.com](mailto:parksandrecreation@coralgables.com)

**ADULT BEGINNER  
TENNIS CLINIC***Ages 18 years old and above*

This program is for those who have had some formal training and can demonstrate stroke production and maintain a rally. This class will consist of a combination of stroke technique, ball spin, court positioning, and basic tactics of play. Players in this clinic should have a NTRP rating of 2.5 - 3.0.

**Session 2:** February 24 - April 5**Session 3:** April 14 - May 24**Thursdays, 7:00 p.m. - 8:30 p.m.****at William H. Kerdyk Biltmore Tennis Center****Fee:** Session 2    Session 3

Resident.....\$115 .....\$138

Non-Resident .....\$150 .....\$180

**ADULT INTERMEDIATE  
TENNIS CLINIC***Ages 18 years old and above*

This program is for those who have some formal training and can demonstrate stroke production and maintain a rally. This class will consist of a combination of stroke technique, ball spin, court positioning, and basic tactics of play. Players in this clinic should have a NTRP rating of 2.5 - 3.0.

**Session 2:** February 24 - April 5**Session 3:** April 14 - May 24**Mondays, 7:00 p.m. - 8:30 p.m.****at Salvadore Tennis Center****Fee:** Session 2    Session 3

Resident.....\$115 .....\$138

Non-Resident .....\$150 .....\$180

**ADULT ADVANCED  
TENNIS CLINIC***Ages 18 years old and above*

This program is for the students who have a NTRP rating of 3.5 or better. Classes will cover shot placement, strategy, stroke production, and point play.

**Session 2:** February 24 - April 5**Session 3:** April 14 - May 24**Mondays, 7:00 p.m. - 8:30 p.m.****at Salvadore Tennis Center****Fee:** Session 2    Session 3

Resident.....\$160 .....\$192

Non-Resident .....\$200 .....\$240

**THE WILLIAM H. KERDYK  
BILTMORE  
TENNIS CENTER**

1150 Anastasia Avenue  
Coral Gables, FL 33134 • 305-460-5360

Ten lighted tennis courts.

**Monday - Friday, 8:00 a.m. - 9:00 p.m. and****Saturday & Sunday, 8:00 a.m. - 1:00 p.m.****THE SALVADORE PARK  
TENNIS CENTER**

1120 Andalusia Avenue  
Coral Gables, FL 33134 • 305-460-5333

Thirteen lighted clay courts.

**Monday - Friday, 7:00 a.m. - 9:00 p.m. and****Saturday & Sunday, 7:00 a.m. - 7:00 p.m.****WILLIAM H. KERDYK/BILTMORE &  
SALVADORE PARK  
TENNIS CENTER  
MEMBERSHIP & COURT FEES:****Miami-Dade****County Resident                      Non-Resident**

JUNIOR (17 or under)

\$132

\$231

INDIVIDUAL (18 and older)

\$240

\$446.25

INDIVIDUAL Senior\*

\$216.40

\$401.65

TWO (2) Person Household

\$402

\$738

TWO (2) Person Senior Household\*

\$361.95

\$664.34

THREE (3) OR MORE Person Household

\$507

\$899

**Court Fees:**

HOURLY - 7:00 a.m. - 4:00 p.m.

\$4.15

\$7.20

HOURLY - 5:00 p.m. - Close

\$7.20

\$9.95

All Day Play: Monday - Friday

\$7.20

\$9.95

7:00 a.m. - 4:00 p.m. (Excluding Holidays)

\$7.20

\$9.95

\*Senior rate is for persons 55 years of age and older.

**LADIES 3.0-3.5 CLINIC***Ages 18 years old and above*

This program is for the ladies that have a NTRP rating of 3.0 - 3.5. This class will consist of stroke production, positioning, strategy, and match play.

**Session 2:** February 13 - March 6**Session 3:** March 20 - April 17**Thursdays, 9:00 a.m. - 10:30 a.m.****at Salvadore Tennis Center****Fee:**                      **Sessions 2 & 3**

Resident:.....\$ 93

Non-Resident:.....\$118

All students must be evaluated by the program coordinator before their registration will be accepted. No class March 24 - 29, 2014.

For more information or to sign up, please call Biltmore Tennis Center at 305-460-5360 or Salvadore Tennis Center at 305-460-5333 or stop by the Pro Shop.



## 7 & UNDER RED BALL

*Ages 5-7 years old*

This class introduces your child to tennis using the USA 8 and Under tennis method, which focuses on improving racquet skills, hand-eye coordination, balance and movement. Games to develop skills-modified scoring, rally play, 36 feet court and red low compression balls will be used. Racquet between 19-23 inches are required. Goals are for players to have fun and enjoy the experience of learning the game of tennis by using correctly sized equipment and courts.

**Session 2:** February 24 - April 5

**Session 3:** April 14 - May 24

**Mondays, Wednesdays, or Fridays**

**4:00 p.m. - 5:00 p.m.**

**at Salvadore Tennis Center**

**Saturdays, 9:00 a.m. - 10:00 a.m.**

**at Salvadore Tennis Center**

**Fee:**                      **Session 2**    **Session 3**

Resident:..... \$ 90.....\$108

Non-Resident:..... \$111 .....\$133

## 10 & UNDER ORANGE BALL

*Ages 8-10 years old*

This class introduces your child to using the USA 10 & Under Tennis Method, which focuses on skill development, improvement or rallying play, develop core strokes and improve ability to play a game or set with correct scoring format. A 60 feet court and orange low compression balls are used to maximize their learning experience. Racquets between 23-25 inches are required. Goals are for players to continue development of tennis skills while understanding rally and scoring format. Players will be encouraged to play in Junior Team Leagues.

**Session 2:** February 24 - April 5

**Session 3:** April 14 - May 24

**Mondays, Wednesdays & Fridays**

**5:00 p.m. - 6:00 p.m.**

**at Salvadore Tennis Center**

**Saturdays, 10:00 a.m. - 11:00 a.m.**

**at Salvadore Tennis Center**

**Fee:**                      **Session 2**    **Session 3**

Resident:..... \$106 .....\$128

Non-Resident:..... \$133 .....\$160

## JUNIOR DEVELOPMENT

*Ages 11-14 years old*

Players should be able to display intermediate skills, proper grips, positioning and scoring knowledge. Fun and sportsmanship will be emphasized. Stronger students will be encouraged to play in the junior team tennis league and USTA tournaments.

**Session 2:** February 24 - April 5

**Session 3:** April 14 - May 24

**Tuesdays & Thursdays**

**4:30 p.m. - 6:00 p.m.**

**at William H. Kerdyk Biltmore Tennis Center**

**Fee:**                      **Session 2**    **Session 3**

Resident:..... \$232 .....\$278

Non-Resident:..... \$295 .....\$354

## PLAYER DEVELOPMENT

*Ages 10-18 years old*

This program is for the player on a competitive track with a minimum of middle school or high school aspirations. Player should be USTA members and able to compete in Junior Team Tennis. Stroke development, tactics, movement, court positioning and fitness are all emphasized. Acceptance into this program is subject to program coordinators approval.

**Session 2:** February 10 - March 6

**Session 3:** March 17 - April 11

**Session 4:** April 21 - May 16

**Mondays, Wednesdays, & Fridays**

**4:00 p.m. - 6:30 p.m.**

**at William H. Kerdyk Biltmore Tennis Center**

**Fee:**                      **Session 2**    **Session 3**    **Session 4**

Resident:.....\$638.....\$479 ..... \$638

Non-Resident:.....\$799.....\$600 ..... \$799

All students must be evaluated by the program coordinator before their registration will be accepted. No class March 24 - 29, 2014. For more information or to sign up, please call Biltmore Tennis Center at 305-460-5360 or Salvadore Tennis Center at 305-460-5333 or stop by the Pro Shop.

Visit us on the web: [www.gablesrecreation.com](http://www.gablesrecreation.com) • E-mail us: [parksandrecreation@coralgables.com](mailto:parksandrecreation@coralgables.com)

# ATHLETIC PROGRAMS

## CORAL GABLES YOUTH ATHLETICS

**Athletic Philosophy:** The Coral Gables Parks and Recreation Division has adopted the philosophy of providing a fun, recreational, instructional athletic program while creating an "athlete first-winning second" environment for our participants.

**Team Selection:** Player evaluation is standard procedure for team formation. Players will be evaluated on their skill level and placed on teams accordingly. Evaluation dates and times will be provided at registration.

**Equipment:** Team athletic equipment is provided by the Coral Gables Parks and Recreation Division.

**Uniforms:** Uniforms are provided by the Coral Gables Parks and Recreation Division. Full uniforms must be worn by all participants in order to participate in games. Shoes, shin guards, knee guards etc. are the responsibility of the participant.

**Transportation:** Players are responsible for their own transportation to and from practices and games.

**Registration:** Registration for athletic programs is accepted Monday-Friday from 8:00 a.m. - 8:00 p.m. and Saturdays from 8:00 a.m. - 12:00 p.m., at the Coral Gables Youth Center located at 405 University Drive. **All participants must present a Birth Certificate with appropriate age by start of program at the time of registration.**

**Player Commitment:** To ensure the quality of the athletic experience for each participant, players are expected to make a commitment to the sport and attend practices and games as scheduled.

## VOLUNTEER COACHES

The Coral Gables Youth Center athletics programs are supported by volunteer coaches, made primarily of parents. If you are interested in volunteering your time as a coach, please contact Carlos Pichardo at (305) 460-5600 for more details. Thank you to all our Current Volunteers!

## GIRLS SOFTBALL LEAGUE

This program is for girls ages 9-15 years old. Girls Softball is a recreational league that emphasizes the fundamentals of softball, sportsmanship, and fun. Travel may be required as this league incorporates teams from other Recreational programs including Miami Shores, Miami Beach and Key Biscayne. Players will be divided into a Jr. Division of 9-11 years old and a Sr. division of 12-15 years old. A minimum of thirty girls is required for the program to be offered. Girls need to be available any day of the week for practices. Practice days and times will vary.

**Girls need to be available any day of the week for practices. Practice days and times will vary. March 17 - June 8.**



**BASEBALL LEAGUE**

The Coral Gables Parks and Recreation Youth Baseball Program is a community supported league designed for boys and girls interested in learning the basics of baseball in a fun team atmosphere.

### T-Ball League:

This is a T-Ball program for boys and girls ages 5-6 years old. Participants are taught the fundamental skills of baseball and will use a tee for batting in real game scenarios.

**Practices and games will be held on Mondays and Wednesdays from 4:00 p.m. - 5:00 p.m. March 24 - June 8.**

### Coach Pitch League:

This program is for boys and girls ages 7-8 years old. Participants are expected to have the skills of t-ball and above. The focus is learning the fundamentals and practicing those skills in game scenarios. Pitching is done using an automated pitching machine with a soft baseball.

**This league will meet Mondays and Wednesdays from 5 p.m. to 6 p.m. March 17 - June 8.**

### Mustang Baseball League:

This program is for boys and girls ages 9-10 years old. This group will pitch to their opponents and, with a few exceptions, the games will follow the standard rules of Little League Baseball. This is a travel league where parents are responsible for transporting their children to games outside the City of Coral Gables.

**Players need to be available any day of the week for practices and games. March 18 - June 8.**

### Broncos Baseball League:

This program is for boys and girls ages 11-12 years old. This group follows most of the standard rules of Little League Baseball. This is a travel league where parents are responsible for transporting their children to games outside the City of Coral Gables.

**Players need to be available any day of the week for practices and games. March 18 - June 8.**

### Pony Baseball League:

This program is for boys and girls ages 13-15 years old. This league follows most of the standard rules of High School Baseball. This is a travel league where parents are responsible for transporting their children to games outside the City of Coral Gables.

**Players need to be available any day of the week for practices and games. March 18 - June 8.**

## REGISTRATION DATES AND FEES FOR GIRLS SOFTBALL LEAGUE AND BASEBALL LEAGUE

Registration	Date	Fee
Member .....	Open .....	\$134
Resident .....	February 10 .....	\$180
Non-Resident .....	February 17 .....	\$224



# ATHLETIC PROGRAMS

## KIXS 4 KIDZ SOCCER

Ages 3.5-12 years old

This program introduces soccer skills while using positive reinforcement and instructional fun games, kids play in a mutually satisfying and nurturing environment.

Kixs 4 Kidz is directed by former professional player Alex Sanchez. He holds a USSF National "A" License and a National Youth License

**Wednesdays at Jaycee Park** (1230 Hardee Road)

Session 1 - Through February 12

Session 2 - February 26 - April 9

Session 3 - April 23 - May 28

<b>Age Division</b>	<b>Time:</b>
Ages 3.5-4 . . . . .	3:30 p.m. - 4:05 p.m.
Ages 5-6 . . . . .	4:05 p.m. - 4:40 p.m.
Ages 7-8 . . . . .	4:40 p.m. - 5:25 p.m.
Ages 9-12 . . . . .	5:25 p.m. - 6:25 p.m.

**Fee:** \$173



## JUNIOR SOCCER LEAGUE BY KIXS 4 KIDZ

Ages 4-5 years old

**Season:** Through February 27

**Location:** Youth Center field

**Tuesdays and Thursdays, 4:00 p.m. - 5:00 p.m.**

<b>Fee:</b> Member.....	\$135
Resident.....	\$180
Non-Resident.....	\$225



## BUSINESS BASKETBALL LEAGUE

Age: 18 years old and above

The Coral Gables Business League is an adult basketball league offered for team registration only. All individuals on each team must be affiliated with the same business, no exceptions will be made. Skill level of teams may vary. Please call 305-460-5600 for more information. A pay stub from your business for each player will be required for registration.

**Meetings days and times: Tuesdays and Thursdays at 7 p.m., 8 p.m. and 9 p.m. April 15 - June 8.**

**Fee:** \$475 per team.  
Registration begins February 10. There will be a mandatory team manager meeting on Thursday, March 13.

## CO-ED SOFTBALL LEAGUE

Age: 18 years old and above

The Coral Gables Softball League will be made up of both men and women. Each team will be required to have a minimum of 4 women to a team. All participants are expected to show good sportsmanship at all times. So come out to the Coral Gables Youth Center ball field and hit a home run with the Coral Gables Co-Ed Softball League.

**Games will be scheduled on Mondays and Wednesdays at 6:15 p.m., 7:30 p.m. and 8:45 p.m. March 31 - June 8.**

**Fee:** \$475 per team.  
Registration begins February 10. Photo ID is required for proof of age. There will be a mandatory team manager meeting on Wednesday, March 12.

## MVP BASKETBALL

### SKILLS ACADEMY & ADVANCED GROUP TRAINING

Ages 5-13+ years old

MVP (Mentoring Valuable Proteges) Basketball will help participants learn and develop dribbling, shooting, passing, rebounding, defense, and basketball strategies. Bring water bottle and towel.

**January 10 - February 28**

### SKILLS ACADEMY

(Trains on Fridays)

Ages 5-8 years old: **5:00 - 6:00 p.m.**

Ages 9-12 years old: **6:00 - 7:00 p.m.**

<b>Fee:</b> Member.....	\$93
Resident.....	\$125
Non-Resident.....	\$156.25

### ADVANCED GROUP TRAINING

(Trains on Fridays)

Ages 13 years old and above:

**7:00 - 8:00 p.m.**

<b>Fee:</b> Member.....	\$127.50
Resident.....	\$170
Non-Resident.....	\$212.50



## KIDOKINETICS - THE FUN WAY TO FITNESS!

Ages 2-7 years old

The "Fun Way to Fitness" with Kidokinetics. Your child will learn a new sport each week and be introduced to the basics of each sport in a fun and non-competitive atmosphere. Activities include soccer, hockey, tennis, basketball, volleyball, frisbee, golf, hula hoops, obstacle courses, T-ball and much more. New addition to our curriculum, children will learn basic anatomy and physiology facts weekly. All classes are lead by experienced coaches in a fun and safe environment for learning. Kidokinetics focuses on individual achievement to improve the child's self confidence. For more information, contact (954)385-8511 or Kidokinetics.com.

**Ages 2-4 years old:**  
Mondays, 10:30 a.m. - 11:15 a.m. or 6:00 p.m. - 6:45 p.m.

**Ages 3-5 years old:**  
Mondays, 5:00 p.m. - 5:45 p.m.

**Ages 4-7 years old:**  
Wednesdays, 5:00 p.m. - 5:45 p.m.

Through February 24 (6 Weeks - No class February 17)  
 March 3 - April 21 (7 Weeks - No class March 24)  
 April 28 - June 2 (5 Weeks - No class May 26)  
 Through February 26 (8 Weeks)  
 March 5 - April 23 (7 Weeks - No class March 26)  
 April 30 - June 4 (6 Weeks)

**Registration is ongoing and classes can be prorated.**

Sessions Fee:	5 Weeks	6 Weeks	7 Weeks	8 Weeks
Member.....	\$49	\$58	\$63	\$78
Resident.....	\$51	\$61	\$71	\$81
Non-Resident .....	\$80	\$97	\$113	\$129

T-Shirts can be purchased for an additional \$10.



## VENETIAN POOL

2701 De Soto Blvd., Coral Gables FL 33134  
305-460-5306

Formed from a rock quarry in 1923 the Venetian Pool is included in the National Register of Historic Places. This 820,000 gallon pool is fed with cool spring water daily and features two waterfalls and coral caves.

Venetian Pool offers you that unique atmosphere you have been searching for. Host your party, wedding, meeting or special event at the Venetian Pool. To schedule a visit call the number listed above.

### Hours of Operation

#### February 2014 - August 2014

February 1, 2014 – March 30, 2014

- Tuesday – Sunday: 10:00 a.m. – 4:30 p.m.

April 1, 2014 – May 25, 2014

- Tuesday – Friday: 11:00 a.m. – 5:30 p.m.
- Saturday – Sunday: 10:00 a.m. – 4:30 p.m.

May 26, 2014 – August 17, 2014

- Monday – Friday: 11:00 a.m. – 6:30 p.m.
- Saturday – Sunday: 10:00 a.m. – 4:30 p.m.

August 18, 2014 – September 7, 2014

- Monday – Friday: 11:00 a.m. – 5:30 p.m.
- Saturday – Sunday: 10:00 a.m. – 4:30 p.m.

\*Hours of operation are subject to change.

### The pool is closed on the following holidays:

- New Year's Day
- Martin Luther King Day
- President's Day
- Thanksgiving Day
- Day after Thanksgiving
- Christmas Eve
- Christmas Day



## COMMUNITY LIFEGUARD CERTIFICATION COURSE

*Ages 16 years old and above*

Become a lifeguard in just one week! The Venetian Pool is offering a community lifeguard certification course where students will learn valuable lifesaving skills and get hands on training from our experienced lifeguard instructors.

### Program Prerequisites:

- 200 yard swim without stopping using Freestyle or Breast stroke
- Two minute tread with hands above the water
- Ten pound brick retrieval from the 8-foot section of the pool

**Class Dates:** (Students must attend all days and times as well as complete an assigned resource document, 80% on written exam and demonstrate mastery of all practical skills to successfully complete the certification course.)

**Tuesday, March 4, 2014, 4:00 - 9:00 p.m.**  
**Wednesday, March 5, 2014, 4:00 - 9:00 p.m.**  
**Thursday, March 6, 2014, 4:00 - 9:00 p.m.**  
**Friday, March 7, 2014, 4:00 - 9:00 p.m.**  
**Saturday, March 8, 2014, 9:00 a.m. - 5:00 p.m.**

**Course Includes:** Lifeguard textbook, study materials and Jeff Ellis & Associates International Lifeguard Training Program certification. The certificate of completion is valid at any aquatic facility in the United States as well as many international locations.

**Fee:** \$200 per session.

## ADMISSION POLICY

Children must be a minimum of 3 years of age and 38 inches tall to enter the facility. Verification of age must be presented at the time of entry.

Coolers, glass containers and alcoholic beverages are prohibited at the Venetian Pool.

## DAILY ADMISSION RATES

### February - March 2014

Adult (13 years & above) ..... \$7.70  
 Child (3-12 years) ..... \$4.15

Coral Gables Resident Discount Rate\*:  
 Adult (13 years & above) ..... \$5.25  
 Child (3-12 years) ..... \$4.15

### April - August 2014

Adult (13 years & above) ..... \$11.50  
 Child (3-12 years) ..... \$6.60

Coral Gables Resident Discount Rate\*:  
 Adult (13 years & above) ..... \$5.25  
 Child (3-12 years) ..... \$4.15

\*Proof of Coral Gables residency must be presented at time of admission to qualify for resident discount.

Cash, Visa, MasterCard and American Express accepted.

### Group Rates (Weekdays Only):

Visit our website at [www.venetianpool.com](http://www.venetianpool.com) and click on our Rates & Requirements tab to download the Field Trip Policy & Reservation Form. For additional information regarding your group visit, please call 305-460-5357.

# VENETIAN POOL

## ANNUAL MEMBERSHIP RATES (Coral Gables Residents Only)

Resident Household: \$485  
Resident Adult: \$375

## SEASONAL MEMBERSHIP RATES (Sold Individually)

Membership Types:	Resident	Non-Resident
Adult (Nov. - Mar)	\$243	\$414
Child (Nov. - Mar)	\$160	\$187
Adult (Apr. - Oct.)	\$341	\$804
Child (Apr. - Oct.)	\$226	\$441

## FACILITY RENTALS, MOTION PICTURE, VIDEO, AND PHOTOGRAPHY

Are you looking for that perfect place to have your wedding, rehearsal dinner, holiday or birthday party? Then look no further! The newly renovated Venetian Pool with its waterfalls and tropical foliage is the perfect setting for your next event.

The pool is also available for still photography, video and motion pictures.

We also offer you, your family and guests a full service concession stand serving both hot and cold food, drinks and snacks.

For more information regarding rental policies, pricing and reservations, please call 305-460-5306 and ask for a member of the Venetian Pool management team.



## AMERICAN RED CROSS ADULT SWIM LESSONS

Ages 18 years old and above

Classes are taught by volunteers of the Venetian Aquatic Club which consists of Red Cross certified volunteers since 1959.

Learning how to swim is essential at any age! Whether you are looking to learn how to swim or simply improve your strokes and skills, our instructors will work with your individual skills and needs. Classes are semi-private. Participants must bring: Proper swim attire.

### Four-Week Saturday Morning Classes 10:30 a.m. - 11:30 a.m.

#### Session 1

- Saturday, March 1, 2014
- Saturday, March 8, 2014
- Saturday, March 15, 2014
- Saturday, March 22, 2014

#### Session 2

- Saturday, April 5, 2014
- Saturday, April 12, 2014
- Saturday, April 19, 2014
- Saturday, April 26, 2014

**Fee:** Residents: \$35 per session  
Non-Residents: \$40 per session

# ★ ★ ★ PARTIES AT THE VENETIAN POOL ★ ★ ★

2701 DE SOTO BOULEVARD, CORAL GABLES, FL 33134, 305-460-5306

## VENETIAN POOL BIRTHDAY PARTY PACKAGE

The Venetian Pool is available during normal operational hours for your child's birthday party celebration.

**Time Frame:** 5 hours (Saturdays & Sundays from 10:00 a.m. - 3:00 p.m.)

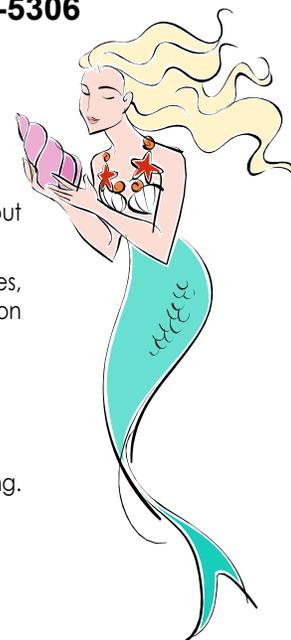
**Fee:** \$300 for first 15 guests (Includes \$50 refundable security deposit-pending inspection of reserved area)

**Additional Guests** (Must be purchased in packs of ten) Adult with food: \$17 each, child age 3-12 with food: \$12 each, adult without food: \$10 each, child age 3-12 without food: \$5 each. 35 guests maximum per birthday area (includes children & adults)

**Package includes:** Reserved area (upper patio, lower patio or shady beach), \$50 Refundable\* Security Deposit, 3 café tables, 15 chairs and 1 long table, choice of 2 piece chicken tenders, slice of pizza, or a hot dog, as well as a bag of chips per person and unlimited pitchers of soda for 2 hours.

### Birthday Package at the Venetian Pool Rules and Guidelines:

- Saturdays & Sundays 10:00 a.m. - 3:00 p.m. (5 hours).
- Reservations must be made in person with the admission office and with completed reservation form.
- Full payment for all guests attending party (adults & children) plus \$50 security deposit must be received at time of booking. Additions will be permitted 2 weeks prior to your party date with payment in full.
- Form of payment: CASH, VISA or MASTERCARD.
- **All participants MUST be at least 3 years of age and must provide proof of age if not at least 38 inches tall.**
- Coolers, glass, alcohol and outside deliveries are PROHIBITED.
- In case of severe weather, we ask that the effort is made to come in and wait out the storm for the first 60 minutes. In the case that the weather has not improved, the party may be rescheduled within the same calendar year.
- Please read the rest of our birthday package rules and guidelines at [www.venetianpool.com](http://www.venetianpool.com) or call us at 305-460-5306.



# GYMNASTICS PROGRAMS



Proud member of the USAG Member Club.

## ACTIVE PROGRAMS FROM

**SESSION 3: JANUARY 20 - APRIL 6** (10 Weeks)

**SESSION 4: APRIL 7 - JUNE 8** (9 Weeks)



## OFFICE HOURS

**Monday - Thursday:**

**1:30 p.m. - 7:30 p.m.**

**Fridays: 2:00 p.m. - 7:30 p.m.**

**Saturday: 10:00 a.m. - 12:00 p.m.**

**Sunday: Closed**

Our number one goal is to build each child's self-confidence and self-esteem while improving coordination, flexibility, and physical strength in a safe and fun environment.

PLEASE CALL FOR AVAILABILITY FOR EACH CLASS. MAKE-UP CLASSES MUST BE SCHEDULED THROUGH THE FRONT DESK OF GYM KIDZ.

FOR INFORMATION ON OUR PROGRAMS  
CALL (305) 460-5615

### COMPETITIVE TEAM

*Ages 5 years and above (By invitation only)*

Gym Kidz Competitive Team members are trained for local, state, regional, and national competitions in both the U.S.A.G. and A.A.U. leagues. Training encompasses the full range of the athlete including mental and physical skill growth, goal-setting, diet and nutrition, teamwork, endurance, strength, flexibility and dance exercises. Our competitive team gymnasts also perform in-house meets, special performances throughout the year, and offers coach-in-training services for older gymnasts.

### PRE-TEAM

*(By invitation only)*

Gym Kidz will help train Pre-Team gymnast both mentally and physically to the best they can be. These programs are designed as the foundation for our competitive team program. Gymnasts are required to practice two to three times a week. In-house meets and special performances are done throughout the school year.

### HOT TOTS

*(Ages 3-4 years old)*

**Mondays: 3:30 p.m.**

**Wednesdays: 3:30 p.m.**

Class length: 55 minutes

### HOT SHOTS

*(Ages 5-7 years old)*

**Mondays: 4:00 p.m.**

**Wednesdays: 4:00 p.m.**

Class length: 55 minutes

### PURPLE & GOLD

*(Ages 7-14 years old)*

**Tuesdays: 4:00 p.m.**

**Thursdays: 4:00 p.m.**

Class length: 55 minutes

### GYM KIDZ ONE-DAY CAMPS

*Ages 4-14 years old (Must be potty trained)*

This camp is designed to give participants progressive gymnastics skills on all competitive gymnasts events. Participants will improve technique, physical strength, flexibility, and coordination while enjoying fun activities like arts and crafts, games, movie time, music and more.

### DAY CAMPS

• **January 17:** Teachers planning day

• **January 20:** Martin Luther King Day

• **February 7:** Teacher planning day

• **February 17:** Presidents day

• **March 21:** Teacher planning day

• **April 18:** Teacher planning day

Fee:	Half Day	Full Day
Members .....	\$22	\$30
Resident: .....	\$29	\$42
Non-Resident: .....	\$37	\$51

### OPEN GYM

*Ages 5-14 years old*

This class provides a great time for children to work on their favorite gymnastics skills in a supervised environment. Come join the fun every Friday!

**Fridays: 6:00 p.m. - 8:00 p.m.**

**Fee:** \$10 and \$3 for pizza (Paid to gymnastics)



# GYMNASTICS PROGRAMS



## GO FOR THE GOLD RECREATIONAL PROGRAMS

*Ages 5-14 years old*

The goal of these programs is to provide gymnastics in a fun and safe environment. The "Go for the Gold" recreational program consists of training on all of the events. The different color levels to accomplish are Red, Orange, Green, Blue, Purple, and Gold. Each color has a corresponding skill chart that serves as an outline for teaching and testing. There will be four evaluation "testing" days throughout the year and upon completion of the required skills, your child will receive a colored ribbon. This program will allow for more specified instructions and quicker accomplishment of skills, as well as giving your child a goal to reach.

**RED & ORANGE Beginner**  
*Ages 5-8 years old*

**Mondays: 3:30 p.m. and 4:30 p.m.**  
**Tuesdays: 3:30 p.m. and 4:30 p.m.**  
**Wednesdays: 3:30 p.m. and 4:30 p.m.**  
**Thursdays: 3:30 p.m.; 4:30 p.m. and 5:30 p.m.**  
**Fridays: 4:00 p.m. and 5:00 p.m.**  
**Saturdays: 10:00 a.m. and 11:00 a.m.**

Class length: 55 minutes

**RED & ORANGE Beginner**  
*Ages 9-14 years old*

**Monday: 5:30 p.m.**  
**Tuesdays: 3:30 p.m. and 5:30 p.m.**  
**Thursdays: 3:30 p.m. and 4:30 p.m.**  
**Fridays: 5:00 p.m.**  
**Saturdays: 10:00 a.m.**

Class length: 55 minutes

**BLUE & GREEN (Intermediate)**  
*Ages 5-14 years old*

**Mondays: 4:30 p.m. and 5:30 p.m.**  
**Wednesdays: 5:30 p.m.**  
**Thursdays: 5:30 p.m.**  
**Fridays: 5:00 p.m.**  
**Saturdays: 11:00 a.m.**

Class length: 55 minutes

## PARENT AND TOT

*Ages 14 months - 3 years old*

This class incorporates gymnastics, music, activities, games, and movement to encourage developmental skills. Each class is designed to hit major benchmarks of development such as gross motor, fine motor, sensory, linguistic and cognitive skills. It will also encourage social, mental and physical development.

**Tuesdays: 10:35 a.m.**  
**Wednesday: 2:30 p.m.**  
**Thursdays: 10:35 a.m.**

Class length: 50 minutes

## TINY TUMBLERS

*Ages 3-4 years old*

This class is designed to help your child physically, mentally, and socially by incorporating the major benchmarks of development by focusing on the disciplines of gymnastics. These classes work on strength, coordination, flexibility, and basic gymnastics skills on all gymnastic events. Children are encouraged to explore body movement, awareness, and expression using music, games, and activities. The program utilizes the newest and most innovative curriculum.

**Mondays: 3:30 p.m.; 4:30 p.m.; and 5:30 p.m.**  
**Tuesdays: 3:30 p.m.; 4:30 p.m.; and 5:30 p.m.**  
**Wednesdays: 2:30 p.m.; 3:30 p.m.; 4:30 p.m.; and 5:30 p.m.**  
**Thursdays: 3:30 p.m.; and 4:30 p.m.**  
**Fridays: 4:00 p.m.**  
**Saturdays: 10:00 a.m. and 11:00 a.m.**

Class length: 50 minutes

## TUMBLING PROGRAM

*Ages 5-14 years old*

The Gym Kidz tumbling program is designed to teach each student proper technique and skills.

**Mondays: 6:30 p.m.**  
**Wednesdays: 6:30 p.m.**

Class length: 55 minutes

## GYM FIT

*Ages 15 years and above*

This program concentrates on gymnastics, tumbling and physical fitness in a fun and non-competitive environment.

**Thursdays: 6:30 p.m.**

Class length: 55 minutes

**BOYS**  
*Ages 5-14 years old*

**Tuesdays: 4:30 p.m.**  
**Wednesdays: 4:30 p.m.**

Class length: 55 minutes

## TUITION FEE

	Members	Residents	Non-Residents
Annual Insurance Fee	\$60	\$60	\$60

Insurance fees payable to Gym Kidz, Inc. All classes are subject to a minimum/maximum student count. Please contact gymnastics for availability. Cash or check only please.

**Session 3 : January 20 - April 6 (10-weeks)**

1 Class per week	\$131	\$176	\$218
2 Classes per week	\$249	\$331	\$415

**Session 4: April 7 - June 9 (9-weeks program)**

1 Class per week	\$118	\$158	\$196
2 Classes per week	\$224	\$298	\$374

# PERFORMING ARTS



## MAINSTAGE PRODUCTION:

Ages 6-16 years old

At the Miami Childrens Theater you will find dedicated, talented, and supportive professionals who help your students put together a fully staged musical! The process will exhaust, exhilarate, and ultimately transform the student. Our Main Stage Productions are enrolled by Audition ONLY. Please call our office at 305-274-3595 or visit our website [www.miamichildrenstheater.com](http://www.miamichildrenstheater.com) for more information.

**Mondays and Wednesdays 6 p.m. - 8:30 p.m.**

**Saturdays 9 a.m. - 3 p.m.**

**Fee:** Member.....\$177  
Resident.....\$236  
Non-Resident.....\$295

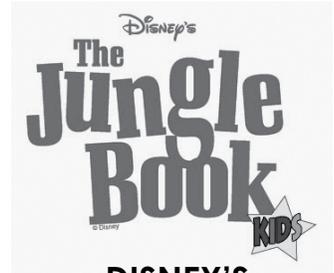
**For information regarding classes, auditions, or shows, call 305-274-3595 or visit the theater at the Coral Gables Youth Center, Monday - Friday, from 1:00 p.m. to 6:00 p.m.**



## DISNEY'S MY SON PINOCCHIO

**Show Dates: March 7 and 14, 2014 at 7 p.m.  
and March 8 and March 15 at 3 p.m.  
and 7 p.m.**

In DISNEY'S MY SON PINOCCHIO JR., the classic tale of toymaker Geppetto's little wooden puppet is given new life. This new musical, which retells the classic Disney story from Geppetto's perspective, features the beloved classic songs "When You Wish Upon a Star" and "I've Got No Strings," alongside a host of new songs by Oscar- and Grammy Award-winner and master melodist Stephen Schwartz, tackling timely issues about what it means to be "the perfect child" – and what it means to be "a real father."



## DISNEY'S THE JUNGLE BOOK KIDS

**Fridays and Saturdays**

**Auditions: March 10, 2014**

**Show Dates: Youth Center – May 9 at 7 p.m.  
and May 10 at 3 p.m. and 7 p.m.**

The jungle is jumpin' with jazz in this exciting Disney classic! Join Mowgli, Baloo, King Louie and the gang as they swing their way through madcap adventures and thwart the ferocious tiger, Shere Khan. Specially adapted from the beloved film, this musical includes all your favorite Disney tunes, like "The Bare Necessities," and "I Wanna Be Like You." With colorful characters and that toe-tapping jungle rhythm, Disney's THE JUNGLE BOOK KIDS is sure to be a crowd-pleaser for audiences of all ages.



## DANCE

**The School of Dance allows participants to sample different forms of dance with an emphasis on fun, exercise and the "behind the scenes" experience of the making of a dancer.**

### ADULT INTERMEDIATE BALLET

*Ages: 16 and older / 1 year experience*

This class is for adults with some experience in classical ballet. Use of classical ballet terminology is used and taught extensively.

**Saturdays, 12:30 p.m. - 2:00 p.m.**

**Fee:** Member.....\$53  
Resident.....\$70  
Non-Resident.....\$88



**Classes start at the beginning of each month.  
Uniform information will be provided at start of class.**

Annual insurance fee of \$35 is payable to Coral Gables School of Dance and due the first day of class

### BRICKS 4 KIDZ AFTERSCHOOL

*Grades K-3 (Ages 5-9)*

After school enrichment classes with LEGO® Bricks. This is a hands-on class where students will design and build educational models including motorized machines. Bricks 4 Kidz® teachers provide the raw materials for the children's imagination to create with model plans, using LEGO® Bricks.



**February 25 - April 8 (No class March 25)**

**Tuesdays, 4:30 p.m. - 5:15 p.m.**

**6-Week Sessions:**

**Session Fee:** Member.....\$ 75  
Resident.....\$100  
Non-Resident.....\$125

### MINECRAFT SPRING BREAK

**March 24 - 26, 9:00 a.m. - 1:00 p.m.**

**Session Fee:** Member.....\$120  
Resident.....\$160  
Non-Resident.....\$200

Register today! Space is limited. LEGO® is a trademark of the LEGO® company which is not affiliated with these classes.

# ART CLASSES BY



At the Coral Gables War Memorial Youth Center

## MOMMY & ME ART CLASS

Ages 18 - 36 months old.

Mommy & Me art class where your young artists get the chance to explore paints, modeling compounds, oil pastels, watercolors and other wonderful art materials. They roll, scribble, shake and pound as they learn about color, shape and form while building the hand-eye coordination and fine motor skills that they'll need later in school to write and draw. They will build confidence while exploring creative and innovative materials. Your budding artist will shine!

**Tuesdays, 10:30 a.m. - 11:15 a.m.**

**February 11 - March 18**

## DOODLER ART CLASSES

Grades 1 - 6

Doodlers develop new skills and talents while designing unique creations using a variety of wonderful materials and tools. Each lesson focuses upon developing skills, learning techniques and expanding knowledge. The methods and styles of contemporary and master artists specializing in paint, sculpture, design and more are incorporated into each class.

**Wednesdays, 3:45 p.m. - 4:30 p.m.**

**February 12 - March 19**

## MINI DOODLER ART CLASSES

Ages: 3 to 6 years old

Mini Doodlers gleefully create their own masterpieces using a wide range of high quality art materials. Children develop important school readiness skills such as fine motor skills, ability to listen and follow directions, cognitive skills, language and more in an enchanting environment that develops individual creativity.

**Tuesdays, 2:45 p.m. - 3:30 p.m.**

**February 11 - March 18**

<b>Sessions Fee:</b> Member .....	\$135
Resident .....	\$180
Non-Resident .....	\$225



## ADULTS

Abrakadoodle begins teaching adult art classes here Wednesday afternoon. Artists will work with acrylic paint on canvas board as they create beautiful masterpieces. This class is perfect for both new & experienced artists.

**Wednesdays, 5:30 p.m - 7:30 p.m.**

**February 12 - March 19**

<b>Session Fee:</b> Member .....	\$200
Resident .....	\$275
Non-Resident .....	\$350

For more information please contact us by phone at: 305-234-0006 or by email at: krojas@abrakadoodle.com

# GALLERY NIGHT in

# Coral Gables

Come enjoy the artistry and beauty of our community.

museums • galleries  
theaters • gardens  
historic sites  
fine dining  
culture • art

[www.coralgables.com/art](http://www.coralgables.com/art)

Coral Gables is home to the original Gallery Night, which was started more than 20 years ago and showcases various works from European, Latin American, and contemporary artists. Hop on the Gallery Night Trolley or the regular Trolley on Gallery Night to discover what's happening in the world of art in the City of Coral Gables.

The Gallery Night Trolley runs from 6-10 p.m. during Gallery Nights, which are held the first Friday of the month.

Gallery Night Trolley route and stops, parking garages and lots may be viewed on the City's website: [www.coralgables.com](http://www.coralgables.com), under the Community Services Parking Division.



# BILTMORE GOLF COURSE

## BILTMORE GOLF COURSE

1210 Anastasia Avenue • Coral Gables, FL 33134 • 305-460-5364

With a multitude of programs aimed at all ages and levels, the Biltmore and Granada golf courses are a source of fun all year long. Designed by Donald Ross in 1925 and host to the Junior Orange Bowl Golf Tournament, the nation's largest junior golf tournament, the Biltmore provides the residents of Coral Gables a golf course showcase. With the picturesque Biltmore Hotel as a backdrop, residents and visitors alike are sure to enjoy the challenging, Par 71, 6,700-yard layout.

Over the years, the Biltmore has hosted many of the biggest names in politics, show business and sports. President Clinton, Florida Governor Jeb Bush, actors Will Smith, Bill Murray, Andy Garcia and P.G.A. Champion Rich Beem have all been seen at the course. The Junior Orange Bowl has hosted a who's who in the game of golf as well. Tiger Woods, Sergio Garcia, Grace Park and Christie Kerr are just a few of today's stars who have competed at the Biltmore.

For details on the Biltmore Golf Academy and Junior programs, call the Pro Shop at 305-460-5364.



### WINTER RATES: November 15 - May 15

**Coral Gables Residents\***

**Dade-Broward Residents\***

**Visitors**

**Green Fees & Cart Fees**  
*Before 2 p.m. Daily*

\$95 w/golf cart (Friday, Saturday, Sunday & Holidays)  
\$79 w/golf cart (Monday - Thursday)

\$110 w/golf cart (Friday, Saturday, Sunday & Holidays)  
\$95 w/golf cart (Monday - Thursday)

\$229 w/golf cart (Friday, Saturday, Sunday & Holidays)  
\$195 w/golf cart (Monday - Thursday)

**Green Fees**  
*Before 2 p.m. Daily*

\$68 (Friday-Sunday, & Holidays)  
\$52 (Monday - Thursday)

\$83 (Friday-Sunday, & Holidays)  
\$68 (Monday - Thursday)

\$202 (Friday-Sunday, & Holidays)  
\$168 (Monday - Thursday)

**Twilight Green Fees**  
*After 2 p.m. Daily*

\$44

\$61

\$112

#### Junior Rates:

17 years old and under, Monday - Friday All-Day, Excluding Holidays

**Coral Gables Residents\***.....\$35

**Dade-Broward Residents\***.....\$42

**Visitors** .....\$80

Saturday, Sunday & Holiday before 1 p.m. ....Half Applicable Adult Fee

Saturday, Sunday & Holiday after 1 p.m. ....Weekday Rate

\*Must show ID as proof of residency.

#### Cart Fees:

Rider for 9 Holes..... \$17

Rider for 18 Holes..... \$27

18 Holes Club Rental.... \$70

9 Holes Club Rental..... \$35

Pull Cart ..... \$10.70

Tee Fee: ..... \$10 per person

\*Mandatory for groups of 8 or more.

# GRANADA GOLF COURSE

**GRANADA GOLF COURSE**  
2001 Granada Blvd. • Coral Gables, FL 33134 • 305-460-5367

The Granada Golf Course, a nine-hole Par 36, is located just outside the downtown area. Granada's local flavor, association support and private club atmosphere make it quite unique. Designed and opened in 1923, Granada is the oldest operating nine-hole course in Florida. A perfect place for residents, visitors and beginners alike, Granada members take great pride in the facility.

Burger Bob's, Granada's 10th hole, is a favorite of the community. Residents can share stories and enjoy a wonderful morning, while enjoying a home-cooked meal. Call the Pro Shop for details at 305-460-5364.

Rates*	Resident	Non-Resident
Walking Fee .....	\$ 17.....	\$ 22
Twilight Walking .....	\$ 13.....	\$ 18
Replay - Walking .....	\$ 11.....	\$ 14
Junior (Under 17) .....	\$ 11.....	\$ 12
Ride-n-Save - Weekdays (9 holes) .....	\$ 27.....	\$ 30.50
Ride-n-Save - Weekend a.m. (9 holes) .....	\$ 30.50.....	\$ 37

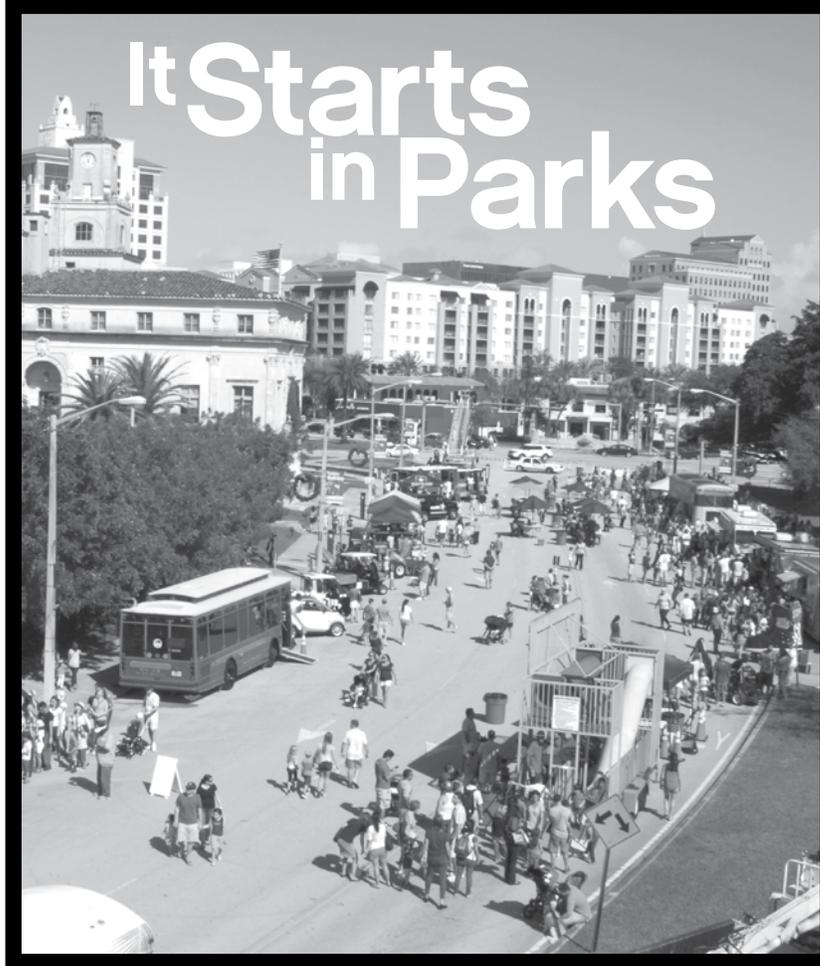
\*Rates subject to change.

Both, Biltmore Golf Course and Granada Golf Course have fully-stocked pro shops, locker rooms, handcart rental, electric golf cart rental, and a restaurant. Membership and tournament outings are also available. A talented staff of golf professionals are available for a variety of lesson formats that include private, group, junior lessons and specialty shot classes. For additional information, please call 305-460-5364. \*Rates subject to change.

## IT STARTS IN PARKS MESSAGE



The "It Starts in Parks" slogan was first developed through a partnership between the National Recreation and Park Association and Sports Illustrated intended to identify the top "sports towns" across the United States. "It Starts In Parks" is an initiative of the Florida Recreation and Park Association intended to better position parks and recreation in the future to be recognized and supported for the important benefits and services provided by the profession, to citizens of and visitors to the State of Florida. The intended outcome of the initiative is that people in the state of Florida will know, value and support the profession of parks and recreation. Extracted from <http://web.frpa.org>



### COMMUNITY

What transforms a crowd into a community? A chance for people to connect. Parks provide that chance. Florida's parks are where lifetime friendships are formed, where the gap between generations is bridged, where people discover what they have in common. How do you grow a hometown with a sense of community?

**It Starts in Parks.**

Find out more about It Starts in Parks at [gablesrecreation.com](http://gablesrecreation.com) or [frpa.org](http://frpa.org)



# Everyone 50+ is welcome to participate in our adult programming at the War Memorial Youth Center on 405 University Drive, Coral Gables, FL 33134

Come enjoy events, classes, lecture series, drop-in social time, leisure learning opportunities and much, more!

To receive a **bi-monthly Adult Activities Calendar** that lists the City of Coral Gables Adult Activity Center daily programs, trips and classes call **(305) 460-5622** or e-mail Letty Ellis at **lellis@coralgables.com**  
You can also visit us on-line at **gablesrecreation.com** under the "Adults 50+ Services" menu.



Looking for a complete list of adults 50+ events, activities and classes? Find it all on

# Golden Gables

A City of Coral Gables newsletter focusing on the needs and interests of Coral Gables adults 50+, providing information on health, finance and culture for the golden years of life.

To get your free quarterly newsletter, call **305-460-5622** or e-mail your name and address to **e-news@coralgables.com**

## YOUNG VIEJOS SOFTBALL LEAGUE

A slow-pitch softball league for players 65 years old and up. Mid-October through mid-May.



**Games: Tuesdays & Thursdays, 9:30 a.m. - 12:00 p.m.**

**Contact: Ron Cold at 305-858-1729 or 305-566-2103. Also, Manny Alvarez at 305-559-8623.**

You may register at any time at the yearly **fee of: \$35** (T-Shirt and Cap with "Young Viejos" logo included)

## ALL STATES FRIENDSHIP CLUB (MEETS AT THE YOUTH CENTER ADULT ROOM)

### WEEKLY SCHEDULE

- **MONDAYS:** Noon - 5:00 p.m.: Duplicate Bridge A.C.B.L.  
6:00 p.m. - 9:30 p.m.: Scrabble
- **TUESDAYS:** 10:00 a.m. - 3:00 p.m.: Bridge (Bring your sandwich)  
6:30 p.m. - 9:30 p.m.: Chess Club
- **WEDNESDAYS:** Noon - 5:00 p.m.: Duplicate Bridge A.C.B.L.  
6:30 p.m. - 9:30 p.m.: Chess Club
- **THURSDAYS:** Noon - 5:00 p.m.: Duplicate Bridge A.C.B.L.  
6:30 p.m. - 9:30 p.m.: Chess Club
- **FRIDAYS:** Noon - 5:00 p.m.: Duplicate Bridge A.C.B.L.  
6:30 p.m. - 9:30 p.m.: Chess Club
- **SATURDAYS:** Noon - 4:00 p.m.: Duplicate Bridge A.C.B.L.

### MONTHLY SCHEDULE

- **BUSINESS MEETING:** First Tuesday of each month, after lunch
- **BOARD MEETING:** First Tuesday of each month or prior to business meeting at 10:30 a.m.
- **BIRTHDAY PARTY:** Last Tuesday of each month
- **GUEST POLICY:** Members are asked to sign the register and name of guest if any when entering facility. Guest passes are available at the Youth Center registration office. Limited to 3 visits per year. Must be accompanied by a member.

**Friendship Club  
Membership Fee:**  
Resident ..... \$25  
Non-Resident ... \$30

**Guest Fee:** General Access (over 18): \$6

FOR INFORMATION ON ADULT ACTIVITY PROGRAMS & EVENTS, PLEASE CALL 305-460-5622

City of Coral Gables Parks & Recreation • 405 University Drive, Coral Gables, FL 33134 • 305.460.5600

Register for an exercise class! The City of Coral Gables Adult Activity Center offers a variety of dynamic classes. All registration in person at the Youth Center Registration Office while space is available. Please see front pages of the Leisure Guide for registration and refund policy for The City of Coral Gables.



## DANCERSIZE

Basketball gym

**Session A: Mondays and Thursdays, 10 a.m. - 11 a.m.**

**Session B: Wednesdays and Fridays, 10 a.m. - 11 a.m.**

**Monthly Cost:** Residents: \$15  
Non residents: \$18.75

## MAINTENANCE AEROBICS

Basketball gym

**Mondays and Thursdays, 11:15 a.m. - 12:15 p.m.**

**Monthly Cost:** Residents: \$15  
Non residents: \$18.75

(Bring a mat- aerobics class and floor work)



## TAI CHI

Basketball gym

**Wednesdays, 1 p.m. - 2 p.m.**

**Monthly Cost:** Residents: \$12  
Non residents: \$15

## PILATES FOR BONE BUILDING

Basketball gym

This new class, in partnership with Polestar Pilates of Coral Gables, will focus on alignment, breathing and core control and will consist of exercises for fall and fracture prevention as well as body extension. Bring a mat.

**Wednesdays, 11:30 a.m. - 12:30 p.m.**

**Monthly Cost:** Residents: \$12  
Non residents: \$15



## SILVER SNEAKERS EXERCISE CLASS

Basketball gym

In partnership with Granny Nannies

**Tuesdays, 8:30 a.m. - 9:30 a.m.**

**Monthly Cost:** Residents: \$12  
Non residents: \$15



## YOGA FOR BEGINNERS

Learn proper technique and alignment.

Please bring a mat, yoga block, strap and towel.

**Tuesdays & Fridays, 11:15 a.m. - 12:15 p.m.**

**Monthly Cost:** Residents: \$15  
Non residents: \$18.75

## 6<sup>TH</sup> ANNUAL SPRING LUNCHEON

In partnership with The Palace Coral Gables.

**Where?** The Palace Coral Gables, 1 Andalusia Avenue

**When?** April 9. Doors open at 11:15 a.m.

**Guest speaker:** Dr. Steve Ullman, UM

**Topic:** The Affordable Care Act

**Registration:** In person ONLY to receive a ticket at the Registration Office.

Please bring proper I.D. to register.

Residents: March 6

Non-Residents: March 13

Complimentary Valet Parking.



**\*\*Please Note:** If you are unable to attend after making reservations, please call to cancel as there is a wait list of people who would like to attend\*\*

## ALZHEIMER'S SUPPORT GROUP FOR CARETAKERS

In partnership with Mt. Sinai Hospital and the Wien Center.

With volunteer leader Lita Fowler, LCSW.

**Meets the 4th Thursday of each month at 12:00 p.m. in the Youth Room.**

**FREE! (Light lunch included)**

## CORAL GABLES COMPUTER CLUB

Learn or update computer skills with hands-on practice. Open lab time to practice and ask questions will be available. Space is limited so register early.

**Fridays, 9:00 a.m. - 11:00 a.m.**  
**In the Youth Room**

**Monthly Cost:** Residents: \$24  
Non residents: \$30



## CORAL GABLES CANASTA CLUB

Come and learn this fun and fast card game with volunteer leader, Gina Anon. Good for friendships and good for memory!

**Tuesdays, 9:30 a.m. - 12:00 p.m.**  
**In the Adult Activity Room**

**FREE!**



## FREE VIOLIN RECITAL

One hour of beautiful music from the violin repertoire and historical background information with UM doctoral student, Jaya Varma.

**Thursday, 2:00 p.m.**  
**February 20 and Thursday, March 20**  
**In the Theater**

**FREE!**



## CPR CLASS

Join the Coral Gables Fire Department for this very important, lifesaving workshop. This CPR certification class will be valid for 2 years. Come learn the techniques and latest information to save lives for babies, children and adults. Space is limited. Call or e-mail to reserve a place and earn your certification.

**Tuesday, March 4, 1:00 p.m.**  
**In the Classroom with**  
**Lieutenant Jack Kerns**

**FREE!**



## MEET THE AUTHOR

Meet Coral Gables resident and author, Jane Allen Petrick, PH.D as she discusses her new book: "Hidden in Plain Sight: The Other People in Norman Rockwell's America" (Book available at Books and Books and Amazon)

**Monday, March 10, 1:00 p.m.**  
**In the Theater**

**FREE!**



## BRAIN FITNESS

Register for this 4 week workshop and learn exercises and tips to keep the memory and all the senses in top shape! Join volunteer leader, Graciela Monte as she teaches these strategies.

**Monday, March 3, 10, 17, 24, 12:30 p.m. - 2:00 p.m.**  
**In the 2<sup>nd</sup> floor classroom**

**Monthly Cost:** Residents: \$24  
Non residents: \$30



## CHALLENGE YOURSELF BEGINNING MANDARIN

Learn the most widely spoken language in the world with volunteer leader, Ying Pestien.

**Mondays, February 3 - March 24 at 1:00 p.m.**  
**In the Youth Room**

**Monthly Cost:** Residents: \$24  
Non residents: \$30

## VOLUNTEERS NEEDED

Please join the Adult Activity Center and volunteer your time and talents to teach a class, help with special events, help with bi-monthly calendar mailings and more. Volunteer application form needs to be submitted. Please call Adult Programs at 305-460-5622 or email [lellis@coralgables.com](mailto:lellis@coralgables.com)



# EXPLORE CORAL GABLES PARKS

## USE OF FACILITIES:

Permits are required for exclusive use of pavilions. Permits are issued on a first-come, first-served basis. Reservations may not be completed over the phone. Anyone wishing to reserve a park must complete a permit request at the Coral Gables Youth Center, located at 405 University Drive, between the hours of 8:00 a.m. and 8:00 p.m., Monday through Friday, and 8:00 a.m. to Noon on Saturdays. Permit shall designate the use of the pavilion area exclusively for hours of rental. No pets are allowed at any park or facility, unless stated otherwise. Athletic field usage requires additional permit.

Parks	Location	Maximum Number of Allowable Guests (Children & Adults)	Hourly Rate (2-hour minimum rental)
• Jaycee Park .....	1230 Hardee Road.....	Up to 15 only .....	\$38 + Tax/hour*
• Pierce Park .....	101 Oak Ave .....	Up to 15 only .....	\$38 + Tax/hour*
• Sunrise Harbor Park ....	25 Sunrise Avenue.....	Up to 15 only .....	\$38 + Tax/hour*
• Coral Bay Park.....	1590 Campamento Ave....	Up to 15 only .....	\$38 + Tax/hour*
• Salvadore Park.....	1120 Andalusia Ave .....	Up to 30 only .....	\$48 + Tax/hour*
• Phillips Park .....	90 Menores Ave .....	Up to 30 only .....	\$48 + Tax/hour*
• Riviera Park.....	6611 Yumuri Street.....	Up to 30 only .....	\$48 + Tax/hour*

\*\$100 security deposit required for all parks and facility rentals.

**PLEASE NOTE:**  
Rental of these parks does not restrict the use of the playground equipment to rental participants only. Rental shall designate the use of the pavilion area exclusively and only for hours of rental.

**\*\*Please submit permit at least 7 days prior to event.**



**Riviera Park, 6611 Yumuri Street, Coral Gables, FL**

## RULES, REGULATIONS AND CONDITIONS:

1. Jaycee Park and Pierce Park rentals shall only be made available to residents of the City of Coral Gables. All other park rentals shall be available to residents of Miami-Dade County.
2. Live animal rides, mechanical rides and other entertainment devices are PROHIBITED in all City of Coral Gables Parks.
3. The applicant will assume full liability and responsibility for any accident and/or injury resulting from, or in any way related to, the use of the facility.
4. The applicant will reimburse the City of Coral Gables in full for any excessive damage or any loss to facility equipment that resulted in any way from the use of the facility.
5. The applicant will strictly enforce the following rules for all persons attending the function:
  - The function will start promptly and all persons attending the function must be off the premises after the reserved time frame is over.
  - Alcoholic beverages are PROHIBITED in or near the facility.
  - Good conduct must be enforced, and noise must be kept to an appropriate level.
  - The City of Coral Gables, its employees, departments or representatives are not to be held liable or responsible in any way for any accident and/or injury resulting from, or in any way related to the use of the facility.
6. Any and all athletic or program activities shall require a contract agreement for facility usage and may constitute additional fees and/or a percentage of program registration fees collected.

Acceptance of a park rental permit indicates that the named individual or organization is fully cognizant of all responsibilities in connection with the use of the named facility and agrees to observe, obey, and comply with all City of Coral Gables Parks & Recreation Division Rules and Regulations, as well as all City, County, State, and Federal Laws, Rules and Regulations.

# CITY OF CORAL GABLES PARKS & OPEN SPACES

Park	Address	Ball Field	Basketball	Benches	Community Center	Fitness Equipment	Golf Course	Parking	Pavillion	Pet-Friendly	Picnic Tables	Playground	Playground Shade	Rental Available	Restrooms	Scenic Views	Swimming	Tennis	Walking Path	Water Fountain
Alcazar Plaza	700 Alcazar Ave.															•				
Alhambra Park	4650 Alhambra Circle															•				
Blue Road Open Space	757 Blue Road															•				
Carlos S. Kakouris Park	Corner of Campo Sano Ave. & Ct.			•												•				
City of Coral Gables Biltmore Golf Course	1210 Anastasia Ave.			•		•	•								•	•			•	
Coral Bay Park	1590 Campamento Ave.		•	•				•	•		•	•				•				•
Coral Gables War Memorial Youth Center	405 University Drive	•	•	•	•	•		•	•		•	•	•	•	•	•				•
Country Club Prado	Country Club Prado									•						•				•
Fred B. Hartnett Ponce Circle Park	2810 Ponce de Leon Blvd.			•				•		•						•			•	•
Freedom Plaza	East Ponce Blvd. & Galiano St.							•								•				
Granada Golf Course	2001 Granada Blvd.			•		•	•				•				•	•				•
Granada Park	5151 Granada Blvd.															•				•
Ingraham Park	4751 West Ingraham Terr.			•				•								•				•
J. Fritz and Frances Gordon Park	902 Country Club Prado							•		•						•				•
Jaycee Park	1230 Hardee Rd.		•	•				•	•		•	•		•		•		•	•	•
Leucadendra Drive Triangle	Gables Estates															•				
Lola B. Walker Pioneers Park	200 Grand Ave.															•				•
Loretta Sheehy Park	401 Sunset Rd.															•				
MacFarlane Linear Park	100 South Dixie Highway															•				•
Maggiore Park	5028 Maggiore															•				•
Mall Street Median	Mall Street															•				
Merrick Park	400 Biltmore Way			•				•			•					•				
Nat Winokur Park	150 Ruiz Ave.															•				
Nellie B. Moore Park	202 Jefferson Dr.			•												•				•
Orduna Drive/Miller Road Triangle	Corner of Orduna & Miller Road															•				
Phillips Park	90 Menores Ave.	•	•	•				•	•		•	•	•	•	•	•		•	•	•
Pierce Park	101 Oak Ave.			•					•		•	•		•		•				
Pittman Park	115 Merrick Way			•				•								•				•
Ponce de Leon Park	1201 Ponce de Leon Blvd.			•				•								•				•
Riviera Park	6611 Yumuri St.			•	•			•	•	•	•	•				•				•
Robert J. Fewell Park	950 Coral Way			•												•				•
Rotary Centennial Park	512 Ponce De Leon Blvd.			•				•				•				•				•
Ruth Brian Owen Waterway Park	Granada Blvd. & Bird Rd.			•							•					•				•
Salvadore Park	1120 Andalusia Ave.	•	•	•				•	•		•	•		•	•	•		•	•	•
Salvadore Tennis Center	1121 Andalusia Ave.							•			•				•	•		•		•
San Amaro Triangle	4600 San Amaro Drive															•				
San Sebastian Park	130 San Sebastian Ave.															•				
Sunrise Harbor Park	25 Sunrise Ave.		•	•				•	•		•	•	•	•		•				•
Tiziano Park	Old Cuttler Road & Tiziano Ave.															•				
Venetian Pool	2701 DeSoto Blvd.			•				•			•			•	•	•	•		•	•
William A. Cooper Park	4920 Washington Dr.			•												•				•
William H. Kerdyk/Biltmore Tennis Center	1150 Anastasia Ave.			•				•	•		•				•	•		•		
Young Park	950 Castile Plaza			•						•						•				•

# CORAL GABLES EGGSTREME EGG HUNT & HELICOPTER EGG DROP

**Saturday, April 19, 2014 at 10 a.m.**

## Participating Parks:

**Coral Gables  
War Memorial Youth Center**  
405 University Drive

**Jaycee Park**  
1230 Hardee Road

**Phillips Park**  
90 Menores Avenue

**Salvadore Park**  
1120 Andalusia Avenue

**Sunrise Harbor Park**  
25 Sunrise Avenue

Join Coral Gables Parks & Recreation  
as we celebrate Spring!

-  Simultaneous egg hunts at 5 City parks
-  Featuring a spectacular helicopter egg drop at the Youth Center.
-  Find special eggs    & win prizes!
-  Carnival & Concert at the Youth Center field immediately following the egg hunt



# SPRING BREAK CAMPS

## MARCH 24 - MARCH 28, 2014

Plan now for Spring Break Camps!

REGISTRATION IS NOW OPEN!

### CLUB PLAY SPRING BREAK CAMP

Ages: K-5<sup>th</sup> Grade students

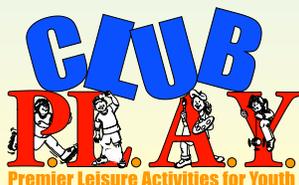
Age group determined by current grade child is enrolled.

Make the break from school extra special and join us at the Youth Center. The Club Play Spring Break camp will fill your days with games, arts & crafts, special events, sports, and activities.

9:00 a.m. - 5:00 p.m.

#### Registration Fees

Members .....	\$151
Residents .....	\$201
Non-Residents.....	\$250



Early drop-off begins at 7:30 a.m.

Pick-Up until 6:00 p.m. An additional fee of \$11.50 will be assessed for every 15 minutes (or any part of) a parent is late picking up their child.

Assessment of fee begins at 6:01 p.m.

**Space is limited, so sign up today!**

### SPRING BREAK GYMNASTICS CAMP

Ages 5-14 years old (Must be potty trained)

This camp is designed to give participants progressive gymnastics skills on all competitive gymnasts events. Participants will improve technique, physical strength, flexibility, and coordination while enjoying fun activities like arts and crafts, games, movie time, music and more.

**Half Day: 9:00 a.m. - 1:00 p.m.**

**Full Day: 9:00 a.m. - 4:00 p.m.**

**Extended Day: 9:00 a.m. - 6:00 p.m.**

No early drop off.

Weekly Fee:	Half Day	Full Day	Extended Day
Members .....	\$109	\$157	\$172
Residents .....	\$146	\$210	\$226
Non-Residents.....	\$182	\$268	\$284

### JUNIOR LIFEGUARD SPRING BREAK CAMP

Ages 5-12 years old

Come see what lifeguarding is all about! This camp program is geared towards teaching children water safety through the eyes of a lifeguard. Participants will have the opportunity to learn CPR, First Aid management and water rescue skills in a fun yet challenging way. There is a maximum of 15 participants for each age group. Program includes T-shirt, whistle, lunch and snack. Participants must bring towel, sunscreen and a change of clothes.

**Junior Lifeguard: Team Rescuers:** Ages 5-7 years old

**Junior Lifeguard: Team Life Savers:** Ages 8-12 years old

9:00 a.m. - 5:00 p.m.

Early drop-off & late pick-up are not available for this program. An additional fee of \$11.50 will be assessed for every 15 minutes (or any part of) a parent is late picking up their child. Assessment of fee begins at 5:01 p.m.

**Fee:** Residents: \$150

Non-Residents: \$180



### SPRING BREAK ARTY CAMP

Ages: 4-9 years old

No school? No problem. Keep busy while learning a combination of techniques including painting, drawing, sculpting and more! Play artsy games with new friends and create original framed artworks inspired by famous artists. Learn about the artists's histories while exploring line, color shape, texture and balance.

**9:00 a.m. - 1:00 p.m.**

No early drop off.

#### Registration Fees

Members .....	\$180
Residents .....	\$225
Non-Residents.....	\$330

\$30 materials fee due on first day of camp.

# AFTER SCHOOL FUN!



Club P.L.A.Y. is a well-rounded recreational program with an emphasis on teamwork, friendship, sportsmanship, and FUN! Weekly activities include a cultural hour, a fitness challenge, games, and sports. Monthly activities include cooking, special events, and a story hour. Homework assistance is available Mondays through Thursdays at the parent's request.

To schedule your child, contact  
Cristina Martinez, Recreation Specialist at  
(305) 460-5630.

- Kindergarten-First Grade (Green Group)
- Second-Third Grade (Red Group)
- Fourth-Fifth Grade (Blue Group)

- **Session 1: January 6 - January 31**
- **Session 2: February 3 - February 28**
- **Session 3: March 3 - March 20 (pro-rated)**
- **Session 4: March 31 - April 25**
- **Session 5: April 28 - May 23**
- **Session 6: May 27 - June 5 (pro-rated)**

**Club P.L.A.Y. Days and Hours:**  
Monday-Friday, 2:00 p.m. - 6:00 p.m.

<b>Fee:</b>	<b>Sessions 1,2,4,5</b>	<b>Session 3*</b>	<b>Session 5*</b>
Member.....	\$256	\$192	\$128
Resident.....	\$338	\$253	\$169
Open Registration...	\$423	\$317	\$211.50
	*Prorated		

Club P.L.A.Y. fees do not include the fee for Club P.L.A.Y. All Day or any camp as these are separate programs.

### Payments:

It is required that payment of the session fee is made prior to attendance. Any payment not made prior to the start of the session will be charged an additional \$10 late fee.

An additional fee of \$11.50 will be assessed for every 15 minutes (or any part of) a parent is late picking up their child. Assessment of fee begins at 6:01 p.m.

### Club P.L.A.Y. Transportation:

The Coral Gables Youth Center-Club P.L.A.Y. does not provide transportation from school.

**Membership pays!\*** Cut the cost of participation by 25% by becoming a Full Member of the Coral Gables Youth Center. Memberships are good for 1 year and provide discounted registration fees and priority registration. Please check War Memorial Youth Center page for details.

### Registration Requirements:

A copy of the most recent report card must be presented when registering for Club P.L.A.Y.

Verification of participation in an authorized magnet program which would delay a child's arrival to the Youth Center is required.

Parent or legal guardian must be present to sign waiver form at the time of registration.



Wondering what to do with the kids on those days when school is off? Wonder no more! The Coral Gables Youth Center offers a Club P.L.A.Y. All Day for children in grades K-6. These special Club Days provide your child with fun filled adventure as they participate in active games, arts and crafts, and board games.

**Don't wait, register today.**  
**Space is limited.**

**9:00 a.m. - 6:00 p.m.**  
**Early drop-off begins at 7:30 a.m.**  
**Pick-up ends at 6:00 p.m.**

An additional fee of \$11.50 will be assessed for every 15 minutes (or any part of) a parent is late picking up a child. Assessment of fee begins at 6:01 p.m.

### Club P.L.A.Y. All Day Dates:

- **January 17**
- **February 17**
- **January 20**
- **March 21**
- **February 07**
- **April 18**
- **June 06**

### Daily Fee:

Member.....	\$23
Resident.....	\$30
Open Registration.....	\$40

Snack is included in daily fee. Children should bring a lunch and drink. Lunch, drink and additional snacks can be purchased at the Concession Stand at the Coral Gables Youth Center.



## Help Keep Your Children Safe Get Your C.A.P.A. Sign Today!

**C.A.P.A. signs can be purchased at the Youth Center for only \$6.50.**

### C.A.P.A.: CHILDREN AT PLAY AWARENESS

Communities across the nation have wrestled with traffic and speed issues along neighborhood streets in an effort to preserve and enhance quality of life and also protect those "littlest citizens" that are busy at play in their front yards. Children awareness (C.A.P.A.) is a program offered by the City of Coral Gables to allow parents and/or caregivers the ability to purchase and place authorized City-issued signs in the ground area of their property while children are actively playing in the front yard. Coral Gables residents may purchase two "Children At Play" signs by visiting the Coral Gables War Memorial Youth Center at 405 University Drive, Monday through Friday, 8:00 a.m. - 8:00 p.m. The cost of the signs is \$6.50/per sign. Each City-issued sign is numbered for verification purposes.

CITY OF CORAL GABLES  
PARKS AND RECREATION DIVISION  
405 UNIVERSITY DRIVE  
CORAL GABLES, FL 33134

STANDARD PRESORT  
U.S. POSTAGE PAID  
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**CORAL GABLES PARKS & RECREATION • 405 UNIVERSITY DRIVE • CORAL GABLES, FL 33134 • 305-460-5600**  
**WWW.GABLESRECREATION.COM**

**New Green Space:  
Tiziano Park**



**Jim Cason, Mayor**  
**William H. Kerdyk Jr., Vice Mayor**  
**Patricia Keon, Commissioner**  
**Vince Lago, Commissioner**  
**Frank C. Quesada, Commissioner**

**Patrick G. Salerno, City Manager**  
**Craig E. Leen, City Attorney**  
**Walter J. Foeman, City Clerk**

*Visit the City of Coral Gables Web Site:*  
**www.coralgables.com**



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If you require auxiliary aids for communication, please call our office at 305-460-5008 in advance of your visit.